

First Aid Contest Rules and Equipment List

Each team will consist of four members including a working captain. A roster of team members must be submitted.

The contest will consist of three parts:

1. A written test for all team members.
2. One rescuer CPR - Only one person from each team to compete, selected by the team captain.
3. A practical test consisting of multiple trauma victims, to include initial patient survey, vital signs, and treatment.

Each team is to furnish their own equipment and supplies. Judges will be selected from AARS membership. Team scores will consist of total scores for all three parts. The sequence in which teams compete will be determined by a drawing at the team meeting. Trophies will be awarded for first, second, and third place.

Pre-Registration Is a Must!

All entry forms must be post-marked or Faxed by October 15th. To register your squad, please use the enclosed registration form.

Contact me if you have any questions.

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